

**CONTINUING DENTAL EDUCATION**  
School of Dentistry  
University of Minnesota

**TMD and Orofacial Pain  
Miniresidency**

Monday - Wednesday  
September 11-13, 2006

**PHYSICAL THERAPIST'S PROGRAM**

***Monday, September 11***

***Room 6-410 Moos Tower***

- |       |  |                           |
|-------|--|---------------------------|
| 7:30  | Final registration and assembly                        |                           |
| 7:55  | Welcome and introduction                               | <b>Ms. Marie Baudek</b>   |
| 8:00  | Differential Diagnosis of Orofacial Pain and Headaches | <b>Dr. Donald Nixdorf</b> |
| 9:30  | Anatomy and Differential Diagnosis of TMD              | <b>Dr. Nixdorf</b>        |
| 10:30 | Refreshment break                                      |                           |
| 10:45 | Anatomy and Differential Diagnosis of TMD (continued)  | <b>Dr. Nixdorf</b>        |
| 12:00 | Luncheon - 6-410 Moos Tower                            |                           |

***Room 6-410 Moos Tower***

- |      |  |                         |
|------|--|-------------------------|
| 1:00 | Physical Therapy Evaluation                    | <b>Ms. Karen Decker</b> |
| 2:00 | Physical Therapy Treatment Planning/Modalities | <b>Ms. Decker</b>       |

***6th Floor TMJ Clinic***

- |      |  |  |
|------|--|--|
| 3:15 | Refreshment break  |  |
| 3:30 | Review History/Exam Forms                                | <b>Dr. Nixdorf</b>                           |
| 4:00 | Practice TMJ Examination Technique with Each Participant | <b>Staff and residents of the TMJ Clinic</b> |
| 5:00 | Adjourn  |  |

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***Tuesday, September 12***

***Room 6-274***

- 7:30 Post-Operative Physical Therapy **Ms. Decker**  
8:15 TM Joint Mobilization Techniques **Ms. Decker**

***Room 6-410***

- 9:00 Epidemiology: Prevalence, Etiology, Progression **Dr. Nixdorf**  
10:00 Refreshment break  
10:15 Evaluation of Factors that Influence Treatment Outcome **Dr. Kate Hathaway**  
Psychological Intervention: Emphasis on Behavior Therapy  
12:00 Luncheon, 6-410 Moos HS Tower

***Room 6-410***

- 1:00 Followup Patient Evaluation **Ms. Decker**  
**Ms. Connie Bromaghim**  
2:15 Refreshment break  
2:30 Splints Occlusion/Splint Therapy **TMD Resident**  
3:15 New Patient Evaluation **Ms. Decker**  
**Ms. Bromaghim**  
5:00 Review of TMJ Radiology **Dr. Nixdorf**  
(optional)  
5:30 Adjourn

***Wednesday, September 13***

***Room 6-410***

- 8:00 Introduction to clinic session **Dr. Schiffman**

***6th Floor TMJ Clinic***

**Drs. Schiffman, Herman, Anderson  
and TMJ Clinical Staff**

- 8:30 Participants take history/examine on new patient and present  
treatment plan to staff (1 dentist and physical therapist per new patient)  
10:00 Refreshment break  
10:15 Review cases with clinicians  
12:00 Luncheon, 6-410 Moos HS Tower

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### ***Room 6-410***

1:00	Surgical Management of TMJ Disorders	<b>Dr. Ma'Ann Sabino</b>
2:00	Conservative Management of Locks	<b>TMD Resident</b>
2:30	Refreshment break	
3:00	Conservative vs. Surgical Management: Long-Term Results	<b>Dr. Schiffman</b>
4:30	Final Overview	<b>Dr. Schiffman</b>
5:00	Adjourn	

### **TMJ FACULTY AND CLINICAL STAFF**

**Gary C. Anderson**, D.D.S., M.S., Associate Professor, Division of Prosthodontics; Department of Restorative Sciences; Senior Associate Dean; School of Dentistry.

**Mary J. Brazil**, CDA, RDA, Dental Assistant, TMJ and Orofacial Pain Clinic, Department of Diagnostic and Biological Sciences, School of Dentistry.

**Connie Bromaghim**, P.T., Physical Therapist, TMJ and Orofacial Pain Clinic, Department of Diagnostic and Biological Sciences, School of Dentistry.

**Karen L. Decker**, P.T., Physical Therapist, TMJ and Orofacial Pain Clinic, Department of Diagnostic and Biological Sciences, School of Dentistry.

**Kate Hathaway**, Ph.D., Staff Psychologist, TMJ and Orofacial Pain Clinic, Department of Diagnostic and Biological Sciences, School of Dentistry.

**Cory Herman**, D.D.S., M.S., Clinical Assistant Professor, TMJ and Orofacial Pain Clinic, Department of Diagnostic and Biological Sciences, School of Dentistry.

**Cindy K. Kiecker**, Out-Patient Clinical Assistant, TMJ and Orofacial Pain Clinic, Department of Diagnostic and Biological Sciences, School of Dentistry.

**Mariona Mulet**, D.D.S., M.S., Adjunct Assistant Professor, TMJ and Orofacial Pain Clinic, Department of Diagnostic and Biological Sciences, School of Dentistry.

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**Donald R. Nixdorf**, D.D.S., M.S., Assistant Professor, Orofacial Pain Program, Department of Diagnostic and Biological Sciences, University of Minnesota School of Dentistry.

**Kathleen J. Olson**, CDA, RDA, Dental Assistant, TMJ and Orofacial Pain Clinic, Department of Diagnostic and Biological Sciences, School of Dentistry.

**Ma'Ann C. Sabino**, D.D.S., Ph.D., Assistant Professor, Division of Oral and Maxillofacial Surgery, Department of Developmental and Surgical Sciences, School of Dentistry.

**Eric L. Schiffman**, D.D.S., M.S., Associate Professor and Director, TMJ and Orofacial Pain Clinic, Department of Diagnostic and Biological Sciences, School of Dentistry. *This course is under the direction of Dr. Schiffman.*