

MINIRESIDENCY IN NURSING HOME AND LONG-TERM CARE FOR THE DENTAL TEAM

Wednesday, October 4 – Saturday, October 7, 2006

FACULTY

Emily Christensen, RPT, Physical Therapist, St. Paul, MN.

John Huhn, BA, CNHA, Licensed Nursing Home Administrator, Walker Methodist Health Center, Minneapolis, MN.

Lawrence Kerzner, MD, FACP, Director, Geriatrics and Extended Care, Hennepin County Medical Center; Assistant Professor, Department of Medicine, University of Minnesota Medical School.

Christine Mueller, RN, PhD, Associate Professor, Center for Gerontological Nursing, University of Minnesota School of Nursing.

John Ofstehage, DDS, Director of Geriatric Dental Programs and General Practice Residency Program, Minneapolis V.A. Medical Center; Adjunct Associate Professor, Oral Health Services for Older Adults Program, Department of Primary Dental Care, University of Minnesota School of Dentistry.

Mary Owen, DDS, MS, Clinical Dental Specialist, Oral Health Services for Older Adults Program, Department of Primary Dental Care, University of Minnesota School of Dentistry. Clinical Faculty, Wilder Senior Dental Clinic, Amherst H. Wilder Foundation, St. Paul, MN and Walker Dental Clinic, Minneapolis. Dr. Owen also maintains a private practice in Minnetonka, MN.

Kathryn Ringham, LICSW, MSW, MA, Care Manager and Medical Social Worker, Senior Outreach and Consulting, Amherst H. Wilder Foundation, St. Paul, MN.

Stephen Shuman, DDS, MS, Associate Professor and Director, Oral Health Services for Older Adults Program, Department of Primary Dental Care, University of Minnesota School of Dentistry; Dental Director, Wilder Senior Dental Clinic, Amherst H. Wilder Foundation, St. Paul, MN; Walker Dental Clinic, Minneapolis; and Presbyterian Dental Program, Presbyterian Homes of Arden Hills and Roseville, MN. *This course is under the direction of Dr. Shuman.*

Peggy Simonson, RDH, BS, Dental Hygienist, Oral Health Services for Older Adults Program, Department of Primary Dental Care, University of Minnesota School of Dentistry; Administrative Assistant, Wilder Senior Dental Clinic, Amherst H. Wilder Foundation, St. Paul, MN; Walker Dental Clinic, Minneapolis; and Presbyterian Dental Program, Presbyterian Homes of Arden Hills and Roseville, MN.

MINIRESIDENCY SCHEDULE

Unless otherwise noted, all sessions are scheduled at:

**Basement Community Room
508 Humboldt Avenue Apartments
Wilder Foundation Rarig (West) Campus**

DAY 1 -- Wednesday, October 4, 2006

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|--------------------|---|--|
| 8:00 | Welcome, Introductions, and Course Overview | Dr. Steve Shuman |
| 8:30 | Needs Assessment: Identify participants' key areas of concern | |
| 9:00 | Overview of the Long-term Care System and Current Trends | Dr. Shuman |
| 9:45 | Break | |
| 10:00 | Key Dental Program Elements <ul style="list-style-type: none">• Basic ingredients for long-term care dental programs | Dr. Shuman |
| 10:30 | The Regulatory Environment: Nursing Home Dental Regulations <ul style="list-style-type: none">• Federal and state regulations governing dental services• Other applicable regulatory requirements | Dr. Shuman |
| 11:15 | Minimum Data Set Oral Health Assessments | Dr. Shuman |
| 12:00 | LUNCH | |
| 1:00 | Tour -- Wilder Senior Dental Clinic and Campus | Dr. Shuman
Ms. Peg Simonson |
| 1:45 | Patient Transfer Training | Ms. Emily |
| Christensen | <ul style="list-style-type: none">• Basic principles and options• Demonstration and practice of transfers• Mechanical lifts and wheelchair headrests | Dr. Shuman
Ms. Simonson |
| 2:45 | Break and Return to 508 Community Room | |
| 3:00 | Program Design <ul style="list-style-type: none">• Estimating utilization for nursing home dental programs• Contracts and reimbursement issues | Dr. Shuman |
| 4:30 | Questions and Discussion | |
| 5:00 | Adjourn | |

DAY 2 -- Thursday, October 5, 2006

- 8:00 The Nursing Home Administrator's Perspective** **Mr. John Huhn**
- The administrator's role
 - Nursing home organization and staffing
 - Tips for more effective interaction in the nursing home
- 9:00 Understanding the Nursing Staff** **Dr. Chris Mueller**
- The role of the Director of Nursing
 - Nursing personnel and their duties
 - Do's and don'ts when working with nursing staff
- 10:00 Break**
- 10:15 Dental Delivery Systems** **Dr. Shuman**
- Mobile & Portable Care
 - Fixed Clinics
 - Equipment selection
- 11:15 Dental Program Staffing** **Ms. Simonson**
- Dental liaison and administrative staff
 - Clinical staff: dental assistant and dental hygienist
- 12:00 LUNCH**
- 1:00 Shuttle to Cerenity Care Center on Dellwood**
- 1:30 Social Services and the Elderly** **Ms. Kathryn Ringham**
- The role of the social worker in elder care
 - Suggestions for effective interactions
- 2:30 Break**
- 2:45 Tour: Wilder East Dental Clinic, Cerenity Care Center** **Dr. Shuman**
- 4:00 Questions and Discussion**
- 4:30 Return Shuttle to Wilder Clinic**
- 5:00 Adjourn**

DAY 3 -- Friday, October 6, 2006

8:00 Communication Channels and Documentation <ul style="list-style-type: none">• Documentation system	Ms. Simonson
9:00 Communication Channels and Documentation (continued) <ul style="list-style-type: none">• General guidelines• Specific orders for dental treatment and preventive care	Ms. Simonson Dr. Shuman
9:30 Preventive Oral Health Care <ul style="list-style-type: none">• Preventive treatment planning• Clinical treatment strategies	Ms. Simonson
10:15 Break	
10:30 Preventive Oral Health Care (continued) <ul style="list-style-type: none">• In-service education programs	Ms. Simonson
11:15 Quality Assurance and Program Evaluation <ul style="list-style-type: none">• Evaluation goals• Service and quality indicators	Dr. Shuman Dr. Desiree Sanchez
12:00 LUNCH	
1:00 Fundamentals of Geriatric Medicine <ul style="list-style-type: none">• Basic principles• Common medical problems in long-term care	Dr. John Ofstehage
2:45 Break	
3:00 Role of Nursing Home Medical Directors and Geriatricians	Dr. Lawrence Kerzner
3:45 Patient Presentations and Case Discussions	Dr. Kerzner Dr. Ofstehage Dr. Mary Owen Dr. Shuman Ms. Simonson
4:45 Questions and Discussion	
5:00 Adjourn	

DAY 4 -- Saturday, October 7, 2006

- 8:00 Medical-Dental Management Concerns I** **Dr. Shuman**
- Recognizing and managing medical risk
 - Managing the anticoagulated patient
 - Protocol for patients with behavior problems
- 8:45 Medical-Dental Management Concerns II** **Dr. Owen**
- Infectious disease concerns in older adults
 - Prevention and treatment strategies for infectious diseases
 - Update on prevention of infective endocarditis and prosthetic joint infections
- 9:30 Oral Health Impact of Drug Therapy** **Dr. Ofstehage**
- 10:30 Break**
- 10:45 Patient Management Tips for Older Adults** **Ms. Simonson**
- Communication strategies
 - Managing the environment
 - Behavior management pointers
 - Tips for radiographs and other procedures
- 12:15 Lunch**
- 1:15 Ethical and Legal Issues** **Dr. Shuman**
- Informed consent, assessing decision-making capacity
 - Use of restraints
 - Advance directives and DNR/DNI orders
- 2:30 Break**
- 2:45 Further Resources in Geriatrics and Long-Term Care** **Dr. Shuman**
- 3:00 Dental Patient Presentations and Case Discussions** **Dr. Xi Chen**
Dr. Ofstehage
Dr. Owen
Dr. Shuman
Ms. Simonson
- 4:30 Course Evaluation and Wrap-Up**
- 5:00 Adjourn**